

# **Darryl A. Field D.D.S., P.A.**

Periodontics & Implant Dentistry  
1361 13<sup>th</sup> Ave South Suite #220  
Jacksonville Beach, FL 32250  
(904) 273- 4373

## **BEFORE SURGERY**

**1.** Please have someone drive you to the office that will be able to drive you home and stay with you the day of surgery. Due to your sedation, you cannot drive until the day after your surgery. Your escort should be prepared to stay in the reception room during the time of your surgery. If they are unable to stay during your surgery, they will need to provide our front office staff with their cell or contact phone so we can call your driver 15 minutes prior to your surgery being completed. We will then review your post-operative instructions with your driver before you will be released to leave the office.

**2. DIET: (NO CAFFEINE ON THE SURGERY DAY)**

It's very important to eat a light meal before you take your sedation medications on the day of surgery. (Example: A piece of toast or a bagel) If you have been instructed to take your sedation medications the night before your appointment, simply take that dose before you go to bed that night. You may eat your regular portioned dinner the night before the surgery.

**3.** Prior to your surgery, you will be given prescriptions for sedation (to be taken prior to surgery) and prescriptions for medications to take after surgery. Please have all prescriptions filled prior to the day of your dental surgery. Also, please bring all filled prescription bottles with you in a Ziploc bag. Your surgical assistant will help administer your post-operative medications to you before you leave the office. We will send your medications back home with you so you may continue to take them as instructed.

(\*Don't leave your medications at home, in the car or with your escort/driver.)

**4.** Wear short-sleeved, comfortable clothing.

**5.** Ladies, wear no makeup on the morning of surgery. If you wear contacts, please leave them out the morning of surgery.

If you have any questions, please call 904-273-4373.